

## **Aquatic Center Schedule**

## October schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a-7:00a Adult Lap Swim ONLY	5:30a-7:00a Adult Lap Swim ONLY	5:30a-7:00a Adult Lap Swim ONLY	5:30a-7:00a Adult Lap Swim ONLY	5:30a-7:00a Adult Lap Swim ONLY	7:00a-8:30a Adult Lap Swim ONLY (Aqua boot camp 7:15a-8:15a 10/21 Only)	8:00a-9:30a Adult Lap Swim ONLY
7:00a-8:30a Adult Open Swim ONLY	7:00a-8:00a Adult Open Swim ONLY	7:00a-8:00a Adult Open Swim ONLY	7:00a-8:00a Adult Open Swim ONLY	7:00a-8:30a Adult Open Swim ONLY	8:30a-11:00a Adult Lap Swim & Adult Open Swim	9:30a-11:00a Adult Lap Swim & Adult Open Swim
	8:00a-9:45a Adult Lap Swim & Adult Open Swim	8:00a-8:30a Water Walking	8:00a-9:45a Adult Lap Swim & Adult Open Swim			
8:30a-9:45a Morning Splash (Marla) 10/9 - morning splash cancelled— WATER WALKING		8:30a-9:45a Morning Splash (Marla)		8:30a-9:45a Morning Splash (Marla) 10/6 - morning splash cancelled— WATER WALKING		
9:45a-11:30a Adult Open Swim ONLY	9:45a-11:30a Adult Open Swim ONLY	9:45a-11:30a Adult Open Swim ONLY	9:45a-11:30a Adult Open Swim ONLY	9:45a-11:30a Adult Open Swim ONLY	11:00a-3:00p Water Park Open For All Ages Please Check Water Park Schedule	11:00a-3:00p Water Park Open For All Ages Please Check Water Park Schedule
11:30a-1:00p Adult Lap Swim ONLY	11:30a-1:00p Adult Lap Swim ONLY	11:30a-1:00p Adult Lap Swim ONLY	11:30a-1:00p Adult Lap Swim ONLY	11:30a-1:00p Adult Lap Swim ONLY		
1:00p-3:40p Adult Lap Swim & Adult Open Swim	1:00p-4:30p Adult Lap Swim & Adult Open Swim	1:00p-5p Adult Lap Swim & Adult Open Swim	1:00p-4:30p Adult Lap Swim & Adult Open Swim	1:00p-5:30p Adult Lap Swim & Adult Open Swim	3:00p-6:30p Adult Lap Swim & Adult Open Swim	3:00p-5:30p Adult Lap Swim & Adult Open Swim
3:40p-5:40p Water Park Open For All Ages Please Check Water Park Schedule	4:30p-5:30p Water Aerobics (Carol)	5p-5:30p Water Walking	4:30p-5:30p (Carol) Water Aerobics 5:40p-6:40p (Angie) Aqua Zumba	(or until Water Park Opens listed below)	Swim Lesson 10/28 3-530p	Swim Lesson 10/15 3-530p
5:40p-6:40p Aqua Zumba (Angie)	5:30p-8:30p Water Park Open For All Ages Please Check Water Park Schedule	5:30p-8:30p Water Park Open For All Ages Please Check Water Park Schedule	6:40p-8:30p Adult Lap Swim & Adult Open Swim Swim Lesson 10/19, 10/26 650-820p	10/6 6:30p-8:30p 10/13 6p-8:30p 10/20 5:30p-8:30p 10/27 5:30p-8:30p Water Park Open For All Ages Please Check Water Park Schedule		
6:40p-7:10p Water Walking						
7:10p-8:30p Adult Lap Swim & Adult Open Swim						

Adult Open/Lap Swim: Must be 18+ years of age.

\*Lap swim time is designated for organized swimming up and down the length of the pool repeatedly. Open swimmers yield to Lap Swimmers during this time.

\*Adult open swim time allows you to walk, float, play and swim. Lap Swimmers yield to Open Swimmers during this time. \*If any Water Aerobics Class is canceled, the lap pool OR the resistance channel will be open instead.

\*Steam Room is open daily from opening to 30 minutes before closing.

LCC Phone Number: 715-670-0790

<sup>\*</sup>Lap swimmers and Adult Open Swim time can use their own swimming/flotation devices but must not leave them at the LCC. \*Lift chair access to the pool is available.



## Water Park/Open Swim For All Ages Lifeguards On Duty October 2023

o/6 ater Park pen 30p-8:30p 0/13 ater Park	10/7 Water Park Open 11:00a-3:00p  10/14 Water Park
oen 30p-8:30p 0/13 ater Park	Open 11:00a-3:00p
30p-8:30p 0/13 ater Park	11:00a-3:00p 10/14
0/13 ater Park	10/14
ater Park	
	Mater Dark
pen	
	Open
00p-8:30p	11:00a-3:00p
)/20	10/21
ater Park	Water Park
pen	Open
30p-8:30p	11:00a-3:00p
)/27	10/28
ater Park	Water Park
pen	Open
30p-8:30p	11:00a-3:00p
3	ater Park Den

## Water Park/Open Swim for All Ages:

\*11 and under must be supervised by an adult.

Basketball & Volleyballs are only available while lifeguards are on duty.

\*\*June – August Water Park Weekend Hours: 11:00a-2:00p

\*\*September – May Water Park Weekend Hours: 11:00a-3:00p

Steam Room is open daily from opening to 30 minutes before closing.

Steam room: Ages 16-17must have an adult. Not available under the age of 16.